



BRIDGING THE GAP PANTRY PACK GUIDE

BASIC NEEDS OGDEN | 801-394-5944
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WHAT IS BRIDGING THE GAP?

Bridging the Gap is a mobile food distribution program that visits low-income elementary schools in Weber and Ogden School Districts each Thursday and Friday. Students are given two bags of healthy, easy-to-prepare meals and snacks to sustain them through the weekend.

Some schools we serve have very high rates of free & reduced meal enrollment, which make our traditional means of distribution very effective: Every student in every class comes through our mobile distribution line to receive two bags of food. This also removes the stigma of being 'low-income' since every student receives them.

For schools that have lower enrollment rates, we use pantry packs. The packs can be easily, and discreetly, placed in the student's backpack, which allows the schools to be selective about the students who receive the assistance while still maintaining their dignity.

WHAT ARE PANTRY PACKS?

Pantry packs are prepackaged, gallon-sized zip lock bags with specific, easily purchased items which can be collected and assembled anywhere. The packs contain six meals and four snacks. Once assembled, the packs are then brought to CCS for distribution to our local schools.

WHO CAN MAKE PANTRY PACKS?

A group of any size can build Pantry Packs. It doesn't matter whether you are a small group or a large one, the process of building the pantry packs can be scaled up or down to match your group's resources. A family could easily assemble fifty bags, while a large group could do two-hundred and fifty. Items can be purchased by the individuals assembling the bags, through a company donation or as a community drive.

WHAT GOES IN A PANTRY PACK?

ITEM	QUANTITY
GALLON SIZE ZIP LOCK BAG	1
INSTANT SERVING MEAL (15 OZ CAN)*	1
TUNA FISH (5 OZ CAN)	1
MAC & CHEESE	1
INSTANT OATMEAL PACKETS	2
RAMEN NOODLES (3 OZ BAG)	1
GRANOLA BAR	1
FRUIT SNACKS POUCH	1
APPLESAUCE (FRUIT CUP OR FRUIT SQUEEZE)	1
PEANUT BUTTER OR CHEESE CRACKERS	1

When building your pantry packs it is important that you stay with the list provided. This is to ensure that all of the pantry packs coming from different groups are consistent, and that all of the children receive the same items.

*INSTANT SERVING MEAL CAN INCLUDE RAVIOLI, SPAGHETTI O'S, ETC.

PACKAGING INSTRUCTIONS



Please place the heavier items in the bottom of the bag, while all of the items that are susceptible to being crushed or punctured should be placed near the top of the bag (ie. Tuna & ravioli on bottom; applesauce upside down on ravioli so it doesn't puncture; crackers & granola bar protected).

It may be helpful to identify one person in your group to act as “quality control” to make sure all the items have been placed in the bag, that the bags have been properly assembled, and that the bags are sealed.

Please also print the last two pages of this guide (food pantry information), double-sided, and insert in the packs as well.

PANTRY PACK DELIVERY

Our warehouse hours for drop-off of completed packs are Monday through Friday from 7:30 am until 3:00 pm.

If you are assembling more than 1,000 packs, we can also coordinate a pick-up, and boxes/large bins to facilitate the moving/storing of the packs if available.

OTHER QUESTIONS?

If you have individual items left after assembly, please feel free to bring them to us. We can use them to make additional packs here in our warehouse.

We are also happy to accept other food you receive that may not be acceptable in the pantry packs for use in our other programs.

If you have additional questions, or to schedule a drop-off/pick-up, please contact Durrell Annis at dannis@ccsutah.org or 801-428-1291.

Thank you for helping us support those in our community who are struggling with one of their most basic needs!

CCS believes that no one should worry about how they're going to get their next meal.



**All of us need help sometimes. If you or someone you know needs access to food,
 CCS is here to help.**

To apply for our food program the following documents are needed to submit application:

Food card applications are accepted **Tuesday, Wednesday, and Thursday 9:00-11:00 am**
EXCEPT on Thursday night distribution. Please call for more details.

Picture ID for all adults in household 18 years of age or older.

For children under 18: Bring birth certificates, school enrollment record or immunization
 records. Must have child's name and birthdate printed on it.

Proof of address: Current Utility bill-power, gas, or water; current rental agreement

Proof of income for all adults: Current check stubs, social security award letter, OR bring a print
 out of benefits you receive such as food stamps, aid to dependent children or general assistance.

Income Guidelines 2019 – 185% of federal poverty level

Persons In Household	Monthly Income
1	\$1,926
2	\$2,607
3	\$3,288
4	\$3,970
5	\$4,651
For each additional person, add	\$681

Food Bank Hours:

Tuesday-Friday: 9:00 am to 12:00 pm

(Fridays are reserved for Seniors 60+ or those with disabilities)

This institution is an equal opportunity provider

CCS cree que nadie debería preocuparse cómo van a obtener comida.



Todos necesitamos ayuda a veces. Si usted o alguien que conoce necesita acceso a comida, CCS está aquí para ayudar.

Para solicitar nuestro programa de alimentos, los siguientes documentos son necesarios:

Se acepta aplicación para tarjetas de comida **Martes, Miércoles y Jueves de 9:00am a 11:00 am**

***EXCEPTO** en la distribución del jueves por la noche. Por favor llame para detalles.*

Debe traer identificación con foto para todos los mayores de 18 años de edad en su hogar.

Para los menores de 18 años de edad debe presentar uno de los siguientes documentos: prueba de inscripción de la escuela, acta de nacimiento, o el registro de vacunas. El documento deberá tener el nombre y fecha de nacimiento del menor.

Prueba de domicilio: Una factura de utilidad actual o utilidades (electricidad, gas o agua), o su contrato de arrendamiento actual.

Comprobante de ingresos: talones de cheques actuales o de pagos del Seguro Social. Si actualmente recibe beneficios de un programa federal prueba de los beneficios que recibe.

Pautas de ingresos 2019 - 185% del nivel de pobreza

Personas en el hogar	Ingresos mensuales
1	\$1,926
2	\$2,607
3	\$3,288
4	\$3,970
5	\$4,451
Para cada persona adicional, añadida	\$681

Horario de distribución de comida:

Martes a viernes de 9:00 am a 12:00 pm.

(Los días viernes son solamente para adultos mayores de 60+ años o personas con discapacidad)

Este es un programa de oportunidades iguales